

CDC Recommendations for Common infectious diseases

#	Illness	Based on CDC Recommended Return Policy
Respiratory origin		
1	Measles	5 days after first rash appeared; 10 days after first rash appeared if has respiratory symptom
2	Rubella	5 days after first rash appeared
3	Mump	Until parotid swelling disappears, may take 14-21 days post onset
4	Chickenpox	Until blisters are scabbed and dry (at least 14 days in total)
5	Influenza A/B	At least 2 days fever free and related symptoms disappear
6	Meningococcal meningitis	3 days after symptoms disappear (at least 7 days in total)
7	Scarlet fever	At least 7 days and negative test result
8	COVID	At least 2 days fever free and until negative antigen or PCR test result
Gastrointestinal origin		
9	Hand-foot-mouth disease	1 week after symptoms (fever, rash) disappear (usually will take 2 weeks)
10	Norovirus (or other viral or bacterial GI origin)	At least 3 days symptoms free
11	Typhoid and paratyphoid fever	15 days fever free
12	Cholera	Until symptoms disappear and negative stool culture tests
13	Viral hepatitis	At least 21 days after onset
Others		
14	Pink eye - Acute hemorrhagic conjunctivitis	Until symptoms disappear (usually takes 7-12 days) or 24 hours after initiating antibiotic treatment

***If any of the above illnesses are determined to be an outbreak by the CDC, then all guidelines will be based on their requirements.**

Managing other Common illnesses in school

#	Illness	Based on CDC Recommended Return Policy
1	Head lice	Send home at the end of day and return to school after treatment starts
2	Mono infection	Send home unless other symptoms persist (such as fever). No contact sport until cleared by health care provider.
3	Ear infection	Exclude unless other symptoms persist (such as fever)
4	Fifth disease	Exclude unless other symptoms persist (such as fever)
5	Cold sore	Exclude unless other symptoms persist (such as fever)
6	Bacteria skin infection -Impetigo	Send home at the end of day and return to school after treatment starts
7	Lyme disease	Exclude unless other symptoms persist (such as fever)
8	Molluscum contagiosum	Exclude unless other symptoms persist (such as fever)
9	Conjunctivitis	Exclude unless suggested by health care provider or outbreak
10	Ringworm	Send home at the end of day and return to school after treatment starts. <i>Athletes with ringworm of the body in sports with person-to-person contact cannot participate in matches for 72 hours after starting treatment unless area can be covered.</i>
11	Sty	Exclude unless the eye is actively draining
12	Scabies	Send home at the end of day and return to school after treatment starts
13	RSV	Exclude unless other symptoms persist (such as fever)
14	Roseola	Exclude unless other symptoms persist (such as fever)
15	Shingles	Exclude unless the blisters are unable to cover, or other symptoms persist (such as fever)
16	Strep throat	Exclude unless antibiotic treatment has not been started. Return to school after at least the first 12 hours of antibiotic treatment has been given.
17	UTI	Exclude unless other symptoms persist (such as fever)
18	Warts	Exclude unless affecting school daily activities

References:

1. (2019) Guidelines for Shanghai School Health and Health Education Evaluation, published by Shanghai Science and Technology Art Education Center
2. (2018) Infectious Diseases, published by People's Medical Publishing House.
3. (2023) Managing Infectious Diseases in Childcare and School, published by American Academy of Pediatrics